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Penny and her husband, Peter, have four grown children and eight grandchildren from pre-teen to late twenties, two grandchildren-in-law, two great-grandchildren, and a pug, Lola. Drop Me a Line Get in touch with Penny.

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Penny Simkin www.pennysimkin.com Penny Simkin, PT, is a physical therapist who has specialized in childbirth education and labor support since 1968. She estimates she has prepared over 13,000 women, couples, and siblings for childbirth.

