

iaido training manual pdf

An introduction to laido to the prospective student "As you yourselves have often certainly experienced, a warrior especially needs these three things--he must guard his person with strength, shrewdness and care; he must be free in his movements, and he must be quick to draw his sword."

An introduction to laido - Kampai Budokai

New Years Message from D'Orangeville-sensei Posted December 27, 2018. In a few days, all of us members of the Canadian Kendo Federation and related Arts (Iaido and Jodo) across the country will gather with family, friends, and students to celebrate various events.

Canadian Kendo Federation (home)

Martial Arts Hall of Fame.

Year 2012 US Martial Arts Hall of Fame Inductees

The book: Aikido Principles Basic Concepts of the Peaceful Martial Art, by Stefan Stenudd Aikido is a martial art unlike any other. It contains no attacks, only defense, and this defense should be so gentle that even the attacker is delighted by it.

Aikido Principles - Basic Concepts of the Peaceful Martial Art

Ninjutsu (忍術), sometimes used interchangeably with the modern term ninpō (忍法), is the strategy and tactics of unconventional warfare, guerrilla warfare and espionage purportedly practiced by the ninja.

Ninjutsu - Wikipedia

Kumdo is a modern Korean martial art derived from Japanese Kendo. Though romanized in a number of ways when written Kŭmdo or Geomdo the meaning remains "the way of the sword" and is cognate with the Japanese term.

Kumdo - Wikipedia

Disclaimer Warning: Practicing with Sword Weapons Can Be a Dangerous Activity for Adults. Please Use Caution! Michael P. Garofalo's E-mail. Valley Spirit Taijiquan

Tai Chi Sword (Jian, Chien, Gim): Bibliography, Links

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